

[Security for Senior citizens](#)

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General Precautions.

Take the help of Local police to verify the past of servants before you hire them.

Do not keep a lot of valuables in the house. Use the bank lockers judiciously. Use a key chain or walking stick with a light.

Make friends and be known in the neighborhood. Leave addresses and contact numbers of your dear ones with friends. Leave the duplicate keys with friends.

Sign up for some martial art course even simple Can-fu (using walking sticks for self defense) will be useful.

When you are in the house:

Provide an Eye Glass in the door.

Secure the door with a chain even when you open. Never open without scertaining who is at the otherside. Ask for ID cards of all service men like Gas Cylinder supplier,plumber, electrician etc.

Leave a light on in the backyard, if you have one, during nights. If you are staying in first floor keep veranda, Isle, staircase lights on.

Never allow any stranger into important rooms except the front office or reception.

When entertaining a stranger you may leave a recorded conversation on in another room to give an impression that there are people in the house.

Use the cell phone to send text messages if you suspect that your voice may be heard.

If you suspect some strange occurrences or suspicious noises outside your house and if you suspect you are in danger, raise an alarm, sound a siren, beat a gong, call police or do anything else to call attention.

When you leave the house:

Always lock the door when you leave your home whether it is for five minutes or a few days.

Never announce that you are going to be away. Facebook , Twitter and other social networking pages are the latest Goody page for thieves. Do not announce your program on line

Leave a light on during nights if are out of town.

If you are away for some days, ask a friend to park his car in your drive way in front of your garage. Ask a helper to sleep in your house with access to only one room during nights. Inform close friends (but not publicize) about vacation or going out for long.

Arrange for mail, milk, paper etc to be collected. Don't leave slips / notes to say you are out or when you will be back.

Don't keep keys in mailbox, above door frame, under the foot rug etc. When you are out of house.

When you go to the bank always carry cash in a secure bag. Don't travel in crowded buses to avoid pocket pickers.

Don't expose yourself by counting cash openly.

Don't leave cheque book or passbook on open desks.

Don't allow your attention to be diverted.

If you are attacked, when you are alone, have a Chilly spray and use it in self defense.

A walking stick can also come in handy.

If you are in an auto or taxi use cell phone and make an imaginary conversation to someone saying that he might expect you in his house in n number of minutes. Let the driver know you have friends awaiting you.

Omnipolis in Hyderabad

Affluent Senior Citizens in Hyderabad can sign up for a service called Omnipolis. The Police staff would install a sensing device & equipment in the house. This is connected to Central Control Room. A simple press of a button will alert the police, who will know the exact location of the house and route to reach the same. All nearby police patrol vans will be immediately alerted and the victim is sure of getting help in shortest possible time.

The common man of course has 108 service which is designed to provide quick help in ANY type of emergency, be it accident, fire, crime, health etc. For details contact:

Now police at your doorstep at press of a button
A new security system has been developed by Dee Cee Security Systems. It sends emergency alerts to the police control room at a press of a button.

Hyderabad: People in Hyderabad will no longer have to telephone the police in case of burglary, intrusion, fire and medical emergency. All they need to do is to press a button and the police will be at their doorsteps in a few minutes.

The state-of-the-art security equipment Omnipolis, which costs Rs 4,000, has to be installed in the house or commercial establishment and the user will have to pay Rs 400 per month, reports IANS. Developed by city-based Dee Cee Security Systems, the emergency response communication system alerts the police control room, which in turn will inform the nearest police patrol vehicle about the emergency.

This is the first of its kind security system project launched by state Home Minister K Jana Reddy on Monday.

"If a subscriber presses the button, the signal will reach the police control room, which will alert the nearest Rakshak (or police patrol vehicle) in the area," Dee Cee Security Systems Managing Director Rohit Jain said.

The equipment communicates emergency data to the police control room in two minutes.

The system uses GSM, GPRS and GPS technologies. The ultra-modern police control room 60 Rakshak vehicles were already equipped with GPS systems.

Immediately after receiving the alarm signal, the control room will use the advanced vehicle tracking system to spot the Rakshak vehicle which is nearest to the victim and rush it there. The control room will also transmit the location map of the victim.

Dee Cee Security systems

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