

Equipment and Products for Aging in Place

<https://www.agingcare.com/articles/equipment-helps-elderly-live-at-home-safely-95653.htm>

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24 February 2017

If a loved one is adamant about remaining at home for as long as possible, and if they can physically and financially care for themselves and their residence, some adaptive products and safety equipment can be used to help make this arrangement successful for everyone.

Products and Equipment

The following items can be used to make a loved one's home safe and accessible as well as assist them with independently completing activities of daily living:

[Emergency response system](#) (an electronic device designed to summon help in an emergency)

Risers for toilet seats

Grab bars for the bathroom near the toilet and shower

Hand-held shower head

Bath bench

Walk-in bathtub or shower

Bedroom products (adjustable beds, waterproof mattresses, over-bed tables, incontinence pads, railings, etc.)

Adequate lighting throughout the home, including night lights

Medicine organizer or alarmed dispenser

Medicine droppers and spoons

Button loopers and zipper pulls for easier dressing

Adaptive clothing and shoes

Specialized dinnerware to enable easier eating

Single-lever faucets for kitchen and bathrooms

Touch-tone telephones with large numbers, speaker or hands-free capabilities, and/or text capability for those who are deaf or hard of hearing (TTY or TDD)

Talking clocks and wristwatches for people with poor vision

[Low vision equipment](#) to assist with reading and other activities

Kitchen tools that make opening cans and bottles, peeling potatoes, and cutting and dicing vegetables easier and safer

Make sure appliances have easy-to-use controls and [automatic shut-off](#) capabilities

"Reachers" or pincher-like devices for people who have a weak grasp or limited mobility to eliminate bending over or having to reach for objects

Ramps for entryways with steps

Stair lifts for multi-story homes

Mobility equipment for individuals who have difficulty getting around the house (rollator, walker, cane, etc.)

Baskets or other accessories for mobility equipment to assist in carrying food and other items

Lift chairs for those who have difficulty getting in and out of a seated position

A list of who to call in case of an emergency to keep by the phone

(Browse through a full selection of assistive products and devices in our [Senior Care Product Directory](#).)

Professionals and Services to Help with Home Safety

Caregivers and seniors do not have to go it alone. Aside from realizing that help is available, it is important to know *when* it is [time to seek it out](#). If adaptive equipment has helped your loved one, but they still need more assistance or supervision, there are many services available, including:

Respite care relieves a family caregiver of their responsibilities for varying periods of time.

[Home health care](#) provides assistance with activities of daily living like bathing, dressing, personal care, etc. Nurses are also available to provide skilled care, such as administering medications, IVs, dressing wounds, etc.

Home companions can assist with light housekeeping, shopping, meal preparation transportation and more.

Physical therapists can make home visits to provide physiotherapy sessions.

An [occupational therapist](#) can help to assess your loved one's home to identify hazards and recommend adaptations or equipment to improve the safety and accessibility of their environment.

[Transportation services](#) are available in most locations to provide seniors with rides to medical appointments and other transportation needs.

24-hour skilled nursing is appropriate for individuals who require around-the-clock care.

Providing for the elderly person's safety and well-being enables them to live at home much longer and also gives added peace of mind to the caregiver and other family members.